

# The Box of Trix

## Directory

The Box of Trix directory contains useful information relating to the use of simple, relatively low cost assistive technology.

It has been designed as an educational tool to be used whilst assessing or reviewing an individual's needs and to encourage people to think about and use low level technology and equipment to promote their independence and wellbeing.

These items are widely available in the retail market and so can be purchased by the individual themselves or by their family/carer etc..

Please be mindful that we are not endorsing any particular product but simply making people aware of what is available, how it can be used, the sort of places it might be purchased and how it might benefit them.



# **Useful Video Links**

These videos have been designed to educate people about assistive technology, what assistive technology looks like and how it can be used.

## **Useful equipment to help you dress and wash**

[https://www.youtube.com/watch?v=q\\_U6\\_HOb3xM&index=3&list=PLNJzVOiM7F-J\\_94pFHS42QDIO3cUYevEm](https://www.youtube.com/watch?v=q_U6_HOb3xM&index=3&list=PLNJzVOiM7F-J_94pFHS42QDIO3cUYevEm)

## **Simple ways to help with medication**

[https://www.youtube.com/watch?v=xQeaFuDMTuE&list=PLNJzVOiM7F-J\\_94pFHS42QDIO3cUYevEm&index=2](https://www.youtube.com/watch?v=xQeaFuDMTuE&list=PLNJzVOiM7F-J_94pFHS42QDIO3cUYevEm&index=2)

## **Looking at Assistive Technology in a different way**

[https://www.youtube.com/watch?v=KnXYkoCQIAQ&index=1&list=PLNJzVOiM7F-J\\_94pFHS42QDIO3cUYevEm](https://www.youtube.com/watch?v=KnXYkoCQIAQ&index=1&list=PLNJzVOiM7F-J_94pFHS42QDIO3cUYevEm)

## **At Home- Greater use of Technology**

<http://www.athome.uk.com/testimonials-2/>

# **Independent Living Centres**

# Useful Links

Below is a list of useful links, which contain either information on assistive technology items or where the equipment can be purchased from.

## Online Retailers

**Amazon** now offers an extensive range of products from a variety of retailers and allows you to compare products and prices easily at [www.amazon.co.uk](http://www.amazon.co.uk) - select the Health and Personal Care category and click on "Mobility and daily living aids" from the list on the left hand side.

### **Manage @ Home (Medequip online store)**

Specialising in home care products such as **mobility aids** and disability equipment, Manage At Home's range of products are designed to promote **independence at home** and manage daily living more easily. For more information go to: <http://www.manageathome.co.uk>

### **NRS Nottingham Rehab Supplies**

National provider of products and services designed to support independent living. They offer a comprehensive range including daily living aids, mobility equipment, disability equipment and therapeutic resources. For more information go to:

<http://www.nrs-uk.co.uk/>

Tel: 0345 121 8111

### **Staffordshire Connects**

Launched by Staffordshire County Council, Staffordshire Connects has hundreds of daily living aids from a range of providers all in one place.

To find out more go to:

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/home.page>

Tel: 0300 111 8010

## Online Retailers with local shops

The following retailers have a website where you can search for equipment but also have local shops where you can look at the products in person:

### **Argos**

You can search for items at:

[www.argos.co.uk](http://www.argos.co.uk) and then go to the Health and Beauty section and select "mobility aids"

### **Boots**

<http://www.boots.com/en/Pharmacy-Health/Health-shop/Mobility-daily-living-aids/>

### **Lloyds Chemist**

<http://www.lloydspharmacy.com/en/mobility-daily-living/keeping-mobile/>

### **Tesco**

<http://www.tesco.com/direct/health-beauty/mobility-aids/cat3376527.cat>

# Useful Links

## **Active mobility centre**

[www.activemobility.com](http://www.activemobility.com)

Tel: 01642 805050

## **Complete Care shop**

[www.completecareshop.co.uk](http://www.completecareshop.co.uk)

Tel: 01772 675040

## **Incontinence Choice**

[www.incontinencechoice.co.uk](http://www.incontinencechoice.co.uk)

Tel: 01952 913112

## **Multipharmacy**

[www.multipharmacy.com](http://www.multipharmacy.com)

Tel: 0845 257 6059

## **Weldreck pharmacy**

[www.weldricks.co.uk](http://www.weldricks.co.uk)

Tel: 0845 402 4409

## **Solon Security**

<http://www.solonsecurity.co.uk/index.php>

TEL: 01352 762266

## **Doability**

[www.doability.co.uk](http://www.doability.co.uk)

Tel: 0113 3720080

## **Care co**

[www.careco.co.uk](http://www.careco.co.uk)

Tel: 0800 111 4774

## **Mobility smart**

[www.mobilitysmart.cc](http://www.mobilitysmart.cc)

Tel: 0800 567 7222

## **Co-operative independent care**

[www.co-operativeindependentliving.co.uk](http://www.co-operativeindependentliving.co.uk)

Tel: 0800 622 6001

## **Cosy feet**

[www.cosyfeet.com](http://www.cosyfeet.com)

Tel: 01548 447 275

## **Dementia Buddy**

<http://dementiabuddy.co.uk/guardian-angel.php>

Tel: 01942 888990

# Useful Links

## Loan Equipment

### **British Red Cross**

Short-term loans of wheelchairs and other equipment at 1,000 outlets in the UK. For more information go to

<http://www.redcross.org.uk/en/What-we-do/Health-and-social-care/Independent-living/Mobility-aids>

**Telephone:** 01785 279847.

### **Disabled Living Foundation Loan Library**

The DLF have a library of simple electronic aids where you can borrow equipment for two weeks to see if they work for you. You have to pay a returnable deposit and the return postage to send it back to them, but otherwise the library is free to use. To find out more go to: <http://www.dlf.org.uk/library>

### **BRAMPTON MOBILITY**

Includes wheelchairs and powered scooters and commode hire.

**Address:** 10 Queen Street, The Brampton, Newcastle-under-Lyme, ST5 1ED

**Telephone:** 01782 634403

**Website:** [www.bramptonmobility.co.uk](http://www.bramptonmobility.co.uk)

### **FIVE TOWNS CARE CENTRE**

Supplies wheelchairs for any length of time. Home demonstration and delivery available.

**Address:** 93 Liverpool Road, Stoke-on-Trent, ST4 1AE .

**Telephone:** 07764 502442

## Useful Wesites

### **Ebay**

[www.ebay.co.uk](http://www.ebay.co.uk)

### **Easylink**

Medpage Limited T/A Easylink UK, established 1984, has provided affordable quality care electronic products for over 30 years to individual consumers, and professional healthcare. Our catalogue of products includes monitors to detect epileptic seizures, daily living aids, sensory loss, fall prevention and wander detection alarms, help call systems, access control and video monitoring systems, memory and communications aids and security products. With a team of enthusiastic staff trained in accordance with our ISO 13485:2003/7 quality management system, you can be assured your experience with us will not be disappointing.

[www.easylinkuk.co.uk](http://www.easylinkuk.co.uk)

### **Living made easy**

Providing independent advice about independent living for disabled adults and children, older people, their carers and families.

[www.livingmadeeasy.org.uk](http://www.livingmadeeasy.org.uk)

### **Disability Living Foundation**

DLF is a national charity providing impartial advice, information and training on independent living since 1969.

[www.dlf.org.uk](http://www.dlf.org.uk)

### **Ask SARA**

**AskSARA** helps you find useful advice and products that make daily living easier.

<http://asksara.dlf.org.uk/>

# Useful Links in the Locality ( Newcastle )

## **ABLE WORLD**

Includes bathing, seating, household, grab rails, wheelchairs, dining, toileting, scooters

### **Hanley Store Address:**

430 Leek Road, Hanley, ST1 3HU

**Telephone:** 01782 205901

**Website:** [www.ableworld.co.uk](http://www.ableworld.co.uk)

### **Crewe Store Address:**

81 Nantwich Road, Crewe Cheshire, CW2 6AW

**Telephone:** 01270 255725

**Website:** [www.ableworld.co.uk](http://www.ableworld.co.uk)

## **MILHOUSE INDEPENDENT LIVING CENTRE – ABILITY AWARE**

Advice and opportunities to try equipment.  
Includes bathing, toileting, kitchen, stairlift.  
Appointment only.

**Address:** Unit B3 Trentham Trade Park  
Trentham Lakes South, Stoke-on-Trent, ST4 8GA

**Telephone:** 01782 237146

## **AMORCARE/SCOOTERMART MOBILITY**

Includes bathing, household aids, dining, toileting, chairs, wheelchairs, walking aids, scooters, beds, incontinence pads.

**Address:** 109 High Street, Newcastle, Staffordshire, ST5 1PS

**Telephone:** 01782 635064

## **CORNWELL'S CHEMISTS**

Includes bathing, toileting, general household. Catalogue available in store.

**Address:** 11 High Street, Newcastle, ST5 1RB

**Telephone:** 01782 616519

**Website:** [www.cornwells.co.uk](http://www.cornwells.co.uk)

## **DISABILITY SOLUTIONS**

(Registered Charity)

Offers disability information and advice; equipment information and a demonstration centre. Does not sell or rent out any equipment.

**Address:** North Staffordshire Medical Institute Hartshill Road Hartshill Stoke-on-Trent ST4 7NY

**Telephone:** 01782 638300

**TXT(SMS):** 07797 801397

**Email:** [general@disability-solutions.net](mailto:general@disability-solutions.net)

## **Newcastle Lions Club**

Newcastle Lions are the local supplier of **MESSAGE IN A BOTTLE** which provides vulnerable people or people living on their own with vital life saving information in a common place, the fridge, where it can easily be found in the event of an emergency.

Two labels, one on the inside of the front door and the other on the fridge, alerts the Emergency Services that this information is available. The information stored in this readily identifiable container includes personal details, doctor's name and telephone number, a brief description of any medical conditions, allergies, family contact details and Repeat Prescription location details for current medication information.

<http://e-clubhouse.org/userfiles/7867/file/MessageinaBottle.pdf.pdf>

**Telephone** 0845 833 9573

## Useful Links in the Locality ( Moorlands )

### **Able World**

**Address:** Leek Road, Off Joiners Square, Hanley, Staffordshire, ST1 3HU  
**Telephone:** 01782 205901

### **Boots**

**Address:** 44 Derby Street, Leek, Staffordshire, ST13 5AJ.  
**Telephone:** 01538 385950

### **Easy Living Mobility Leek**

**Address:** Brook Street Carpark, ST13 5HG  
**Telephone:** 01538 388631

### **Five Towns**

**Address:** 17 Birch Terrace, Stoke, Staffordshire, ST1 3JN  
**Telephone:** 01782 212500

### **Lloyds Pharmacy**

**Address:** 15 fountain Street, Leek Staffordshire, ST13 6JS  
**Telephone:** 01538 383049



## Useful Links in the Locality ( Burton on Trent )

**Ableworld** are the largest mobility and stair lift retailers in the country. Employing professionals who have been in either Mobility (including engineering) or Nursing and Care Home settings.

**Address:** Second Avenue, Centrum One Hundred, Burton on Trent. DE14 2WF

**Telephone:** 01283 546867

**Website:**

<http://www.ableworld.co.uk/categories/>

**Burton Premier Mobility** is an independent family run business with showrooms located at Russell Street in Burton on Trent and High Street in Coalville. All products are sourced from the best suppliers available and they also offer insurance & warranties, spares & batteries in addition to scooter repairs & servicing, carried out on site.

**Address:** 2, Russell Street, Burton Upon Trent. DE14 1EN

**Telephone:** 01283 547726 **Website:**

<http://www.burtonpremiermobility.com/>

### **LICHFIELD**

Care Necessities supply a wide range of products and complimentary services which include disability aids and mobility equipment supported with product demonstrations and assessments.

**Address:** Unit 7 Titan Way, Britannia Enterprise Park, Lichfield. **WS14 9TT**

**Telephone:** 07918 522 222

**Website:**

<http://www.carenecessities.co.uk/mobilityshop/>

**Easy Living Mobility** stock a wide range of mobility aids.

**Address:** 12 City Arcade, Lichfield. WS13 6LY

**Telephone:** 01543 263 096

**Website:**

<http://www.easylivingmobility.co.uk/>

### **TAMWORTH**

**Tamworth Co-operative Society**

**Address:** Colehill, Tamworth. B79 7HA

**Telephone:** 01827 216111

**Website:**

<http://www.mobilityandlifestyle.co.uk/index.php>

**Mercian Ability Partnership** is a User led Organisation run by disabled volunteers for disabled people of all ages and their carers in South Staffordshire and North Warwickshire. They have a selection of aids and equipment designed to support your independence at home and when you are out and about. They also have an Independent Living centre where you can try out equipment.

**Address:** Silica Road, Amington Industrial Estate, Tamworth. B77 4DT

**Telephone:** 01827 307712

**Website:** <http://www.mercian-ability.org.uk>



## Useful Links in the Locality ( South West )

### **Disable Aids Cannock**

Unit 11 Cedars Business Park, Avon Road, Cannock, Staffordshire, WS11 1QJ

Telephone : (01543) 570341

**Care & Mobility Ltd** 300b, Coalway Road, Wolverhampton, West Midlands, WV3 7NP

Tel: 01902 621 655

**Keep Able** 9B Cleveland Street, Wulfrun Centre, Wolverhampton, WV1 3HH Tel: 01902 7118811

### **Midshires Mobility**

Trent Business Park, Power Station Road, Rugeley, Staffordshire, WS15 2WB Tel: 01889 582332 Website:

[www.midshiresgroup.co.uk](http://www.midshiresgroup.co.uk)

**Easy Living Mobility** 20 Market Hall Street, Cannock, Staffordshire, WS11 1EB Tel: 01543 577311 Website:

[www.easylivingmobility.co.uk](http://www.easylivingmobility.co.uk)

**Amorcare Mobility** 12-14 Crabbery Street, Stafford, ST16 2BA

Tel: 01785 332563

[www.amorcaremobilitystores.co.uk](http://www.amorcaremobilitystores.co.uk)

### **Ambucare**

Unit 2, Romford Road, Astonfields Industrial Estate, Stafford, ST16 3DZ Tel: 01785 225900

Tel: 01785 225900

[www.ambucare-mobility.co.uk](http://www.ambucare-mobility.co.uk)

### **Disable Aids**

Stafford Shop Mobility, Broad Street, Stafford, ST16 2DB Tel:

01785 227877

[www.disableaids.com](http://www.disableaids.com)

### **Mobility Aids (British Red Cross)**

13 & 14 Parker Court, Stafford Technology Park, Beaconside, Stafford, ST18 0WP Tel: 01785 279847

[www.redcross.org.uk](http://www.redcross.org.uk)

# Fact Sheet

## Dressing

Included in this fact sheet is a variety of equipment designed to assist with dressing tasks. This equipment can assist you to put on socks, stockings or shoes; fasten buttons and zips or reach to pull up trousers or skirts.



**Long arm Easy Reach** – Reacher's are available in various lengths and grip styles, and have a pincer grip at one end. They may be used to pick clothes up from the floor, pull up underwear or trousers and push down socks, underwear or trousers.

<https://www.youtube.com/watch?v=Qo99NglHglk>



**Button Hook** - A button hook usually consists of a thick handle and a wire loop. The loop is threaded through the button hole, hooked over the button, and the button pulled back through the hole. Button hooks usually need a lot of practice to use effectively, especially if you have the use of one hand only.

<https://www.youtube.com/watch?v=c1byAvzvcbA>



**Dressing Stick** - A dressing stick usually consists of a long wooden or plastic handle, with a hook on one end and sometimes a thimble or smaller hook on the other. You can use a dressing stick to bring clothes around your shoulders, push clothes off your shoulders, pull up zips (using the small hook end), tighten shoelaces and pull up trousers or straps. You can also sew loops onto clothing and then use the dressing stick to help with positioning the garment.

<https://www.youtube.com/watch?v=AjNklal80yw>



**Long Handled Hair Brush or Comb** - Long handled brushes and combs to extend reach.

<https://www.youtube.com/watch?v=2sCY2nK18JI>



**Stocking Aid and Terry Toweling sock puller** - Sock and stocking aids may help if you have difficulty bending forwards to put on socks, stockings, tights and compression stockings. There are flexible and rigid styles, an occupational therapist would be able to advise you on which one is most suitable for you. There are also stocking aids specifically designed for putting on compression stockings, as these can be quite difficult to put on and take off.

<https://www.youtube.com/watch?v=gLoSQHvJEgo>



**Zipper Aid** - Helps to open and close zips while dressing and undressing.

<https://www.youtube.com/watch?v=UweCmmDzlws>



**Bra Angel** - This is a plastic bracket that slips around your neck, and allows you to keep one side of a front-fastening bra in place while you use the fasteners on the other side with one hand.

<https://www.youtube.com/watch?v=yWdSQ9pIPg4>



**Long Handled Shoehorn** – Helpful when putting on and taking off shoes and avoids over reaching and losing balance. Sometimes used with sock aid.

[https://www.youtube.com/watch?v=8\\_e2-qlFjYs](https://www.youtube.com/watch?v=8_e2-qlFjYs)



**Helping Hand Reachers** – Useful when dressing, adjusting clothing, washing and generally around the house. They allow you to move things and pick things up from the floor easily without over reaching.

[https://www.youtube.com/watch?v=xV\\_rDyL7FIU](https://www.youtube.com/watch?v=xV_rDyL7FIU)



**The Leg Lifter** – This allows the user to safely and effectively lift their leg on or off a bed or wheelchair by simply pulling the handle loop.

<https://www.youtube.com/watch?v=Dj9JFiCGCms>

# Fact Sheet

## Food Preparation

The products in this Fact Sheet have been designed primarily to assist people with the preparation of food or cooking, who have reduced strength and/or range of movement in their wrists and hands.



**Plastic Breadboard** - The spread boards anchor to a table or work surface or are combined in a kitchen workstation. They have a raised 'L' shaped edge in one corner. They are made in a range of materials such as plastic, wood, and aluminum.

<https://www.youtube.com/watch?v=kvHzBmaFk4g>



**Plastazote Tubing** - Plastazote tubing with a choice of bore hole size and handle diameter to fit range of utensils. Supplied in range of lengths, to cut as required.

<https://www.youtube.com/watch?v=epJSs3HiU3k>



**Anti-Slip Mat** - Slip-resistant place mats, rectangular or round in range of colours. Not all suppliers stock all colours and sizes; some supply minimum of ten.

<https://www.youtube.com/watch?v=TeoIQZU9cmY>



**Can Pull** - Ring pull can opener. Hook is slipped under ring and angled forwards to raise the ring and then angled backwards to pull on the ring to open.



**Twister Jar Opener** - These dome shaped openers grip jar and bottle lids. They are made from a flexible slip-resistant material which, when placed over the lid of a jar or bottle, may enhance the users grip on the lid. These products can be light weight compared to openers with handles or adjustable gripping surfaces.

[https://www.youtube.com/watch?v=e6WJ0o\\_Se\\_E](https://www.youtube.com/watch?v=e6WJ0o_Se_E)



**Ring Pull Opener** - Plastic ring pull opener. Handle is slipped underneath ring pull of can and as handle is tilted backwards ring pull is released and lid removed.

<https://www.youtube.com/watch?v=lqD6FHtSOzo>



**Breville Hot Cup** - The Breville Hot Cup offers boiling hot water at the touch of a button to deliver delicious hot drinks in an instant. Its patented design means you only boil one cup at a time saving time, money and energy.

<https://www.youtube.com/watch?v=qpH9UgCE7IE>



**Helping Hand Reachers** – Useful when dressing, adjusting clothing, washing and generally around the house. They allow you to move things and pick things up from the floor easily without over reaching.

[https://www.youtube.com/watch?v=xV\\_rDyL7FIU](https://www.youtube.com/watch?v=xV_rDyL7FIU)



**The Hydrant drinks system** - allows those with limited mobility to take a drink whenever they want, without assistance, reducing the chance of dehydration.





**Contour knob turner** – this is a clever device which is used to give good leverage for turning small difficult items eg. gas or radiator taps.



**The plate guard** – This is easily fitted to your plate(s) to help assist with one handed eating and is helpful for people who have limited hand control. Its microwave and dishwasher safe.



**Talking Tins** - Record a message of up to ten seconds and play it back at the touch of a button.

[https://www.youtube.com/watch?v=-rpPMSoE\\_eY&list=PLFdY1dKLkfmXhyBCsz4AKCmR203T7eFWP](https://www.youtube.com/watch?v=-rpPMSoE_eY&list=PLFdY1dKLkfmXhyBCsz4AKCmR203T7eFWP)

# Factsheet

## Medication

If you take a variety of medications in different forms and at different times, it is possible to become confused about what to take and when. This can lead to potentially dangerous situations such as skipping doses or taking too much medication which could cause an exacerbation of your medical conditions or cause other potential problems such as falling.

This fact sheet will show just a few examples of some of the types of reminders that are available and will also show a few examples of making the daily task of taking medication easier for an individual.



**Pivotell Carousel Pill Dispenser** - Help to prompt someone to take their medication.

<https://www.youtube.com/watch?v=FoTsnU0gd0s>



**Pill Popper** - Device for removing pills from blister packs.

<https://www.youtube.com/watch?v=C0oY2zWXA8>



**Eye Dropper. Auto dropper** - Eye drop dispenser which can be fitted onto a standard eye drop squeeze bottle. Dispenser clips in place around the bottle's nozzle and the user squeezes the bottle to deliver one drop at a time into the centre of the eye. A small lip holds the lower eyelid open to prevent blinking. The dispenser can be left on the bottle for the complete course of treatment.

<https://www.youtube.com/watch?v=tBggSjPVslc>



**Pill crusher / Pill cutter** - an effective way to store, cut and crush pills. The unit features a simple to use threaded pill crusher, an integral pill cutter and handy storage compartments.

<https://www.youtube.com/watch?v=vZzVLEGY5cA>



**Pill organiser boxes** - 'Dosette' type boxes that you fill yourself, or with assistance from family and carers. These have separate compartments for days of the week and some have compartments with times of day e.g. morning, lunchtime, afternoon and evening.

<https://www.youtube.com/watch?v=f1FeJ3D1Sq8>

# Factsheet

## Medication

Issues	Consider
<b>Dexterity:</b> <ul style="list-style-type: none"> <li>• Difficulty in opening and closing child resistant containers</li> <li>• Difficulty in using blister packs</li> <li>• Dosage form may be difficult to take</li> </ul>	<p>Screw cap lids Medidose</p> <p>Ask Pharmacy to pop out tablets into bottles Pill press Use alternative formulation of the same medicine or ask for tablets to be halved or quartered</p>
<b>Eyesight:</b> <ul style="list-style-type: none"> <li>• Unable to read label</li> <li>• Unable to distinguish between packs of tablets or medidose</li> </ul>	<p>Large print or symbol based labels - The RNIB (Royal National Institute for the Blind) suggest Arial computer font size 16/18 is classed as large Magnifying device Colour coded tablet bottles or medidose</p>
<b>Lack of understanding:</b> <ul style="list-style-type: none"> <li>• Patient does not understand why they are taking their medication</li> <li>• Complex medication with variable doses</li> </ul>	<p>Read medicine information leaflets with patient Dispensing pharmacy may provide written information and counselling Ask pharmacist for advice Request a medication review with pharmacist/GP</p>
<b>Forgetfulness/confusion:</b> <ul style="list-style-type: none"> <li>• Forgetting to take medication</li> <li>• Complex medicine regimes</li> <li>• Forgetting to order medicines</li> </ul>	<p><b>Alarms:</b> Specific medication reminder alarms can be bought, or consider setting alarms on watches or mobile phones</p> <p><b>Reminder charts/MAR chart (medicines administration record):</b> This can be set up by dispensing pharmacy or by family members</p> <p><b>Simplify medication regime/MUR:</b> Discuss with GP/pharmacist to see if all medicines are still necessary. Request a medication review for patient, to look at</p> <ul style="list-style-type: none"> <li>• if all medicines are still required</li> <li>• can frequency of doses be reduced</li> </ul> <p>Prescription repeat order and delivery service Medidose/dossette box</p>

# Factsheet

## Washing/ Personal Hygiene

This Fact Sheet provides information and advice on the equipment available to help with bathing, showering and personal care for domestic use.



**Long Handled Sponges** - Long handled sponges. Wire can be bent to suit individual requirements.

<https://www.youtube.com/watch?v=Cr--uDpTEXM>



**Roller Ball Lotion and cream applicator** - long-handled roller ball applicator, which will make it easier to reach the feet or back to apply lotion.

<https://www.youtube.com/watch?v=pXyorNpxKak>



**Universal Tap Turners** - Tap turners for cross-head and crystal taps.

These are used to help make it easier to turn the taps on and off, should someone suffer from poor dexterity.

<https://www.youtube.com/watch?v=zR2odQoKEiU>



**Long Handled Washers** – Helps washing without over reaching. Different versions can be bent to suit individual requirements.

<https://www.youtube.com/watch?v=Cr--uDpTEXM>

# Fact Sheet

## Reminders



**Memo-Minder** - You might find the Memo Minder helpful if you live on your own and you're worried your memory problems could put you in an unsafe position, such as leaving your house without your keys and accidentally locking yourself out. Activated by a passive motion detector the Memo Minder is usually mounted by the front door and when activated will play a message which could be pre-recorded by a friend or family member so it's a familiar voice you will hear. The message could for example be: "Remember your keys if you're going out Mum" or "Mum, remember to lock the door." The message can be up to 20 seconds long and can be re-recorded as and when needed.

<https://www.youtube.com/watch?v=eE9K4wjEIsA>



**You Minder Talking reminder Clock** - talking clock with announcement of time, day and date, six recordable daily prompts of ten seconds each, these repeat for 60 seconds or until stopped. Battery or mains powered.

<https://www.youtube.com/watch?v=TDjwfGSp2ak>



**Mem-x Memory aid pendant** - Audible memory device which plays back user recorded messages on specific dates and times.

<https://www.youtube.com/watch?v=tWFj7oH7C0U>



**Memrabel 2** - Electric photo frame that can be programmed to provide alarm reminders with graphics, video or audio.

<https://www.youtube.com/watch?v=7bePn3KIUUQ>



# Fact Sheet

## Miscellaneous



**Pen/ pencil Holder** – Soft and comfortable PVC material provides a more secure grip when placed over pens and pencils. The flexible triangular shaped gripper fits easily over the pen or pencil to assist with stability when writing.



**Clairmont Day Night Flip ClockWall** - Clock with date, day and day/night displayed. Analogue clock face and flip date display day displayed in yellow and night in blue changes to day at 7am, and night at 7pm but can be preset by supplier to a different change over time before delivery.



**Care Secureplus Telephone** - Corded telephone with direct dial facility for use in emergency. Hearing aid compatible, large button, four large quick dial number keys with facility for attaching labels or photographs to button, speaker phone. Handset and ringer volume controls, four pre-programmed direct dial numbers which, when activated, will dial in succession until the call is answered, pre-recorded 30-second alert message, neck pendant and waterproof wrist pendant transmitters



**Plug Mate** - Handgrip for three-pin plug. Plastic strip forms horizontal grip across the back of the plug.